

OUR LADY OF RANSOM OPEN FOR PRIVATE PRAYER 10AM—5PM

SATURDAY 5

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| OLR | 10am | Mass (Extraordinary Form/Traditional Latin) |
| OLR | 11am | Adoration and Confessions |
| OLR | 5pm | Confessions |
| OLR | 6pm | Bobbie Gausden RIP (Eileen & Dorothy Walsh) |

SUNDAY 6 **Readings: 1. Exodus 24:3-8 [Psalm 115] 2. Hebrews 9:11-15**
THE MOST HOLY **3. Mark 14:12-16.22-26**
BODY AND BLOOD OF CHRIST

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| OLR | 9.15am | People of the Parish [Live streamed] |
| St Gregory's: | 9.30am | John & Nicky Carroll (Barrow family) |
| St Agnes | 11.15am | Michael Butters RIP (Elizabeth Redmond) |
| OLR | 11.30am | Teresa Barros RIP (Sara da Silva) |
| OLR | 5.30pm | Deceased clergy of the Parish |

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| MON 7 | 11am | Repose of the soul of Michaeline Winterbottom RIP (funeral elsewhere) |
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| TUES 8 | 7.30am | (Extraordinary Form/Traditional Latin) |
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| WED 9 | | |
| OLR | 11am | Teresa Stogdon (Jean Lloyd) |

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| THURS 10 | | |
| OLR | 11am | Thanksgiving for prayers answered (Steve Bergin) |

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| FRI 11 | THE MOST SACRED HEART OF JESUS [Live streamed] | |
| OLR | 11am | Needs and intentions of Pope Francis |

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| SAT 12 | 10am | Mass (Extraordinary Form/Traditional Latin) |
| | 11am | Adoration and Confessions |
| OLR | 5pm | Confessions |
| OLR | 6pm | Intentions of Nick Harden (Crunden) |

SUN 13 **Readings: 1. Ezekiel 17:22-24 [Psalm 91] 2. Corinthians 5: 6-10**
11TH SUNDAY ORD TIME **3. Mark 4:26-34**
(Year B)

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|---------------|---------|---|
| OLR | 9.15am | People of the Parish [Live streamed] |
| St Gregory's: | 9.30am | Mary Blacoe RIP (RitaSmith) |
| St Agnes | 11.15am | John Byrne RIP (Martha Byrne) |
| OLR | 11.30am | Denis Kenward RIP (Ann Bennell) |
| OLR | 5.30pm | Samantha Donoghue RIP (Samantha Keane) |

5TH/6TH JUNE 2021
THE MOST HOLY BODY AND BLOOD OF CHRIST
THE PARISH OF OUR LADY OF RANSOM
2 Grange Road, BN21 4EU
St GREGORY 247 Victoria Drive, BN20 8QY
St AGNES 10 Whitley Road, BN22 8NJ
9.30am-2.30pm - Mon-Fri 01323 723222
 E-mail: eastbourneolor@abdiocese.org.uk
 Parish website ourladyofransom.org.uk
Fr Raglan Hay-Will, Parish Priest,
Fr Tristan Cranfield & Fr Bruno Witchalls (Assistant Priests).

In today's Gospel Acclamation we hear Jesus declaring, "I am the living bread which came down from heaven; if anyone eats of this bread, he will live for ever" (Jn 6: 51). This is incredibly fitting for the great Solemnity of the Most Holy Body and Blood of Christ (*Corpus Christi*) that we celebrate, a feast instituted by Pope Urban IV in 1264. The Catechism helpfully defines the wonderful gift offered to us in the Eucharist: "By the consecration, the transubstantiation of the bread and wine into the Body and Blood of Christ is brought about. Under the consecrated species of bread and wine Christ himself, living and glorious, is present in a true, real, and substantial manner: His Body and His Blood, with His soul and His divinity".

As with all the Sacraments, the Eucharist, 'the source and summit of the Christian life', is hinged on 2 fundamental events: The Incarnation, and the Paschal Mystery. In the Incarnation, God became man, whilst in the Paschal Mystery (Christ's life, death, resurrection, and ascension), "that which till then was visible of our Redeemer was changed into a sacramental presence", as Saint Leo the Great explained.

In his book 'He Leadeth Me', Fr. Walter Cizek describes the 23 agonising years he spent in Soviet prisons and Siberian labour camps. The first 5 years were spent in solitary confinement, during which he describes making spiritual communions, but being denied the opportunity of receiving Christ sacramentally. The hunger for Christ's physical presence was "as real to me as the bodily hunger I constantly experienced through those years", he states. During his 18 years in the labour camps, he recounts in detail the trials and risks that he, fellow Priests, and other prisoners went through in order to say/hear Mass and receive the Body and Blood of Christ. "Sometimes I think that those who have never been deprived of an opportunity ... [of attending] Mass do not really appreciate what a treasure the Mass is", he said. Walter Cizek described the experience of receiving the Eucharist as being "very real; you could feel its effects upon your mind and heart ... it was a necessity, to foster the life of the soul, just as much as our daily bread was necessary to sustain the body".

We are incredibly lucky that we can now attend Mass and receive Christ sacramentally. Presented with this opportunity of receiving the "kiss of Jesus in my heart" (St. Thérèse of Lisieux), who could refuse such a gift, the gift *par excellence*.
Nick Harden

LIVE STREAMED MASSES ON YOUTUBE:www.youtube.com/OurLadyofRansom

RETRouvaille-A PROGRAMME FOR COUPLES STRUGGLING IN THEIR MARRIAGES

please e-mail Ruth Gerun at the St. Philip Howard Centre on ruth.gerun@abdiocese.org.uk

FUTURE DATES:

BE COME (A new group for adults age 18-35) starting 14th June

If you are looking to deepen your faith and make like-minded friends, sign up to join our virtual community. We will be using the *Sycamore* materials as a starter for our conversations, and will meet once a fortnight, on alternate Mondays, starting 14th June at 7pm on Zoom. To join the Diocesan wide community, please register here or e-mail ruth.gerun@abdiocese.org.uk

Help Your Marriage - Retrouvaille is a programme to support couples who have difficulties in their marriage. It brings a positive focus, new hope and helps nourish and grow your marriage ...and you don't need to leave home, it comes to you! Tens of thousands of couples headed for divorce have successfully saved their marriages by attending and using the tools provided. The programme helps spouses uncover or re-awaken the love, trust and commitment that originally brought them together. It helps them through difficult times whether they are disillusioned or in deep misery. There is no group therapy or group work. For confidential information about 'Retrouvaille' or to register for the next programme commencing with a Virtual weekend on **1st-4th July 2021**, call or text 07887 296983 or 07973 380443 - or email retrouvailleukinfo@gmail.com - or visit www.retrouvaille.org.uk

MINISTRY OF CONSOLATION—BEREAVEMENT SUPPORT

Have you been recently bereaved? Would you find it helpful to talk to someone in confidence? We now have a trained bereavement supporter in the parish who has been commissioned by Bishop Richard. For further details please contact the parish during office hours and leave your details.

ROSARY AT ST GREGORY'S CHURCH every Tuesday at 10.30 am.

Everyone is welcome.

Readers and Eucharistic Ministers needed for 17.30 Mass on Sundays. Please contact Maura 01323 430532

CORONAVIRUS NEW REGULATIONS

The Bishops state that Holy Communion is recommended to be distributed in the hand, but if people wish to receive on the tongue they may now do so, (it is best if they make sure to do so after everyone else has received).

LET US PRAY FOR THOSE WHO HAVE BEEN TAKEN ILL AND ASK FOR OUR PRAYERS: Bernard Sanderson, Sybil Glenister, Miles Tracey, Bob Cadwallender, Pauline Bosley, Pat Higgins, Joan Garbet, Rosanna da Sousa, Trish Ryan, Martin Forte-Hyland, Lynnette Butters, June Wallace, Valerie Downey, Roy Sleight, Teresa Stogdon, Teresa O'Brien, Ralph Suggett, Peter Endean and all our parishioners who are suffering.

RIP: PLEASE PRAY FOR THE REPOSE OF THE SOUL of: Michaeline Winterbottom RIP (funeral elsewhere 7th June). Roger Kean RIP (funeral elsewhere on 9th June). Jill Graham RIP and Zita Vieira RIP (Requiem Mass 11am on 16th June). Our sympathy and prayers are with their families.

GIFT AID ENVELOPES for 2021/2. Please remember to pick up your envelopes at the back of the church. If you wish to make future donations by standing order please contact Nick Price at nickprice8@hotmail.com or 07711243419.

Fri 18th-Sun 20th June (Online) : COME DINE WITH ME: Feasting with Moses and Jesus Led by Viv Randles and Michael Woodward (both Lay Community of St Benedict) Hanuka, Shavout, Rosh Hashana - come and learn some fresh angles on these Jewish festivals and others, which go so far to explain our own. Further information and to book your place online: <https://worth.co.uk/retreats/online-retreats> For enquiries, please email: toc@worth.org.uk

DIOCESAN DAY FOR CATECHISTS. WORTH ABBEY ON 25TH SEPTEMBER.

This is an invitation to all our catechists: a wonderful opportunity to celebrate this ministry and enable the Formation Team to share a renewed vision for catechesis in the Diocese that is a part of a "Cradle to Grave" formation in Faith, supported by the new Directory for Catechesis. For any catechist or anyone else who feels they might be suited to this important ministry

A CELEBRATION MASS FOR ENGAGED COUPLES FRIDAY 25TH JUNE AT 7.30PM ARUNDEL CATHEDRAL.

To book your place please e mail : katherine.bergin@abdiocese.org.uk